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Burn Fat Fast for High Performance Basketball: Fat Burning Juice Recipes to Help You Win More!

Joseph Correa (Certified Sports Nutritionist)

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Burn Fat Fast for High Performance Basketball will help you drop fat naturally and efficiently. These are not to replace meals but should complement your normal day to day meals. Being too busy to eat right can sometimes become a problem and that’s why this book will save you time and help nourish your body to achieve the goals you want. This book will help you to: -Lose weight fast. -Reduce Fat. -Have more energy. -Naturally accelerate Your Metabolism to become thinner. -Improve your digestive system. Joseph Correa is a certified sports nutritionist and a professional athlete.

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