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Unhooked and Untangled: A Guide to Finding Freedom from your Vices, Addictions, and Bad Habits

Eric Dykstra

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An occasional drink becomes a daily ritual. Frustration turns into full-blown anger, and it happens more and more. You know it's bad for you, but you've got to do it anyhow. Once, you were FREE. You had a life, not just an existence. Then one day you woke up and realized you've become dependent just to survive. You didn't start out this way, but don't know how to return to the happy and productive life you had before... Know the feeling? God wants to free you and those you love from what has you hooked. Unhooked & Untangled is more than a practical, step-by-step guide to finding freedom from your vices, addictions, and bad habits. It will point you to a better future and the full and satisfying life that God offers.

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