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Korean Cuisine: An llustrated History

Michael Pettid

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The spicy tang of kimchi, the richness of Korean barbecue, the hearty flavours of bibimbap: Korean cuisine is savoured the world over for its diversity of ingredients and flavours. Michael J. Pettid offers here an illustrated historical account of Korean food and its intricate relationship with the nation's culture.

Over the last twelve centuries, Korean food dishes and their complex preparations have evolved along with the larger cultural and political upheaval experienced by the nation. Pettid charts this historical development of the cuisine, exploring the ways that regional distinctions and historical transformations played out in the Korean diet – including the effects of wartime food shortages and preparation techniques. Underlying all these dishes are complicated philosophical and aesthetic considerations, and Pettid delves into their impact on everything from the rituals associated with group meals or drinks with friends to the strict rules governing combinations of dishes and ingredients according to temperature, texture, spices, colour and consistency.

Featuring a batch of mouthwatering recipes and over a hundred vivid photographs of a striking array of dishes, Korean Cuisine is an incisive and engaging investigation into the relationship between Korean culture and food that will spice up the bookshelves of foodies and scholars alike.

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