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The Therapist's Guide to Psychopharmacology, Revised Edition: Working with Patients, Families, and Physicians to Optimize Care

JoEllen Patterson PhD, A. Ari Albala MD, Margaret E. McCahill MD, Todd M. Edwards PhD LMFT

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This indispensable book provides therapists and counselors with crucial knowledge about psychotropic medications: when and how to make medication referrals, how to answer patients' questions and help them handle problems that arise, and how to combine medication and psychotherapy effectively. Ideal for readers without extensive background in neurobiology, the book clearly explains how medications work in the brain and how they affect an individual's emotions, behavior, and relationships. Strategies for collaborating successfully with patients, their family members, and prescribers are discussed in detail. In this edition, psychopharmacology content has been fully updated.

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