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Dirty Little Secrets from Otherwise Perfect Moms

Trisha Ashworth, Amy Nobile

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Trisha Ashworth and Amy Nobile conducted interviews with hundreds of mothers while researching their best-selling book *I Was a Really Good Mom Before I Had Kids*. It didn't take long before these moms began to reveal their Dirty Little Secrets surprising, thought-provoking, guilty confessions they hadn't told anyone else. Cringe-worthy moments ("I bit my daughter's finger trying to steal a bite of her cookie.") meet real insights ("I love my kids but I didn't always. It took time to fall in love with them."). These are the private thoughts that every mom has and every mom can relate to.

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