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Olives: More than 70 Delicious & Healthy Recipes

Avner Laskin

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Spaghetti with Tapenade. Estouffad Provençal. Spicy Shakshuka. Foccaccia. What do all these palate pleasing recipes have in common? Olives! And every dish presented on these beautifully photographed pages proves that this versatile fruit is more than just an afterthought. From infused oils to salsas, sauces, and salads to an irresistible international selection of main meals, this collection serves up something special for every olive lover. Enjoy olives flavored with basil; marinated with pickled lemons; incorporated in mayonnaise or pesto; baked in rye, onion, or cheese bread; stir-fried with rice; as a crust for sea bass; or cooked in a cuttlefish casserole. And everyone will appreciate the nutritional information…including an explanation of why this staple of the Mediterranean diet is so healthy.

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