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Led by Light: How to develop your intuitive mediumship abilities (Volume 1)

Rev. Joanna Bartlett

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Communicate with Spirit safely and naturally

Do you get sudden insights but don't know where they come from—or what to do with them?

Are you woken up in the middle of the night without knowing why?

Do you sometimes wonder if people in Spirit are hanging around you?

Does the idea of talking to people in Spirit fascinate you (but maybe scare you a little bit, too)?

Whether you see and sense Spirit and don't know how to deal with it, or think you might be able to but need guidance, you can learn how to safely connect with Spirit in a way that feels good. In this down-to-earth guide, you'll get a solid foundation for developing and controlling your innate mediumship abilities.

Topics covered include:

- What intuitive mediumship is, its purpose and history
- How communication with Spirit works
- Consciously opening and closing yourself to Spirit
- Setting your intention
- Creating and maintaining good boundaries
- Meditation exercises
- Raising your vibration while staying grounded
- Your intuition and how to connect with it
- How to meet and develop a relationship with your spirit guides
- Symbols and understanding and interpreting messages

Whether you want to become a professional medium or simply become closer to Spirit, your higher self and your guides, this book will guide you safely on your journey.

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