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The Fibro Fix: Get to the Root of Your Fibromyalgia and Start Reversing Your Chronic Pain and Fatigue in 21 Days

David M. Brady

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Chronic pain affects nearly 100 million Americans. Ongoing fatigue affects even more. The combination of fatigue and body-wide chronic pain, often called “fibromyalgia,” remains mysterious and confusing, and an alarming 66 percent of sufferers are misdiagnosed. Now, leading naturopathic medical doctor and nutritionist David Brady is here with the answer in his comprehensive book *The Fibro Fix*.

For more than 23 years, Dr. Brady has treated many thousands of patients seeking relief from fibromyalgia. In *The Fibro Fix*, he distills his life-changing prescription into an integrative 21-day program to help you determine if, in fact, you’re suffering from fibromyalgia or from one of several severe symptoms misdiagnosed as fibromyalgia. The plan begins with three simple steps?detox, diet, and movement?to start relieving those symptoms for good and then offers deeper long-term solutions specific to the real cause in each person. *The Fibro Fix* is your groundbreaking guide to resolving fibromyalgia, and uncovering the mystery behind chronic pain and fatigue.

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Arthur Reaves:

This book untitled The Fibro Fix: Get to the Root of Your Fibromyalgia and Start Reversing Your Chronic Pain and Fatigue in 21 Days to be one of several books which best seller in this year, here is because when you read this guide you can get a lot of benefit on it. You will easily to buy this particular book in the book shop or you can order it by means of online. The publisher with this book sells the e-book too. It makes you easier to read this book, because you can read this book in your Touch screen phone. So there is no reason to you to past this reserve from your list.

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