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The Purpose Factor: Strategies to take action and stay empowered through purposeful living

Eva Toby

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The Purpose Factor: Strategies to take action and stay empowered through purposeful living Eva Toby Have you ever wondered what the common traits of the world's most successful people are? One main ingredient you will find amongst successful people is they have discovered their purpose. Knowing your purpose in life can significantly improve your sense of self-worth, confidence, and decision-making skills. In a society where one can easily over time become settled into a monotonous and unfulfilled life, Eva encourages readers to be intentional and get out of their comfort zone in order maximize their true potential. Eva shares her challenges and victories on her pathway to understanding the significance of purposeful living. The Purpose Factor takes you on a journey of personal development to uncovering your sense of purpose and fulfillment. Candid and practical, The Purpose Factor is a step-by-step guide that will help you: • Discover your passion and purpose • Learn steps to stay empowered • Learn how to be self-motivating • Cultivate a tangible plan aimed at personal growth • Develop skills to take action • Learn the effectiveness of goal setting…and more

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