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Michael Eigen

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“When two personalities meet, an emotional storm is created.” This provocative quote by renowned psychoanalyst W.R. Bion is the point of departure for Eigen’s new work. In the tradition of Martin Buber, Eigen explores the broad spectrum of emotions we experience in our relatedness to others, from feelings of longing, plenitude, and fulfillment to starvation, suffocation, and blind rage. Unlike authors of “easy” self-help books, Eigen embraces the storms of life as a critical aspect of our human bond. For Eigen, the emotional storm is not pathological, but rather integral to our humanity and instrumental to our growth and development. For this reason, he looks critically at our attempts to blunt our emotional response to the world around us. Like Eigen’s other work, Emotional Storm weaves case studies, literary references, and psychoanalytic theory into an integrated, complex understanding.

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