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REPAIR For Teens: A Program for Recovery from Incest & Childhood Sexual Abuse

Marjorie McKinnon

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Rhythm recovers the natural rhythm you had before the incest happened, the blueprint that is the essence of your true nature, becoming who you really are.

REPAIR for Teens recognizes the unique issues confronting adolescent abuse survivors including peer pressure, difficulties with school, acting out, the urge to self-soothe with cutting or unhealthy eating behaviors, running away and the possibility of living with an abuser in the family. Remember, 1 in 4 girls and 1 in 6 boys have been sexually assaulted by the age of 18. No teenager should be alone in trying to sort out their life after sexual abuse.

Therapists' Acclaim for REPAIR Your Life

"Thank you Marjorie and God bless you for adapting this program for our survivors to follow. You have given survivors hope to continue on their healing journey."
--Donna Gustafson, Executive Director, Sunrise Center Against Sexual Abuse

"Anyone wanting to recover from the life-long trauma of childhood sexual abuse will benefit from this book."
--Marcelle B. Taylor, MFT

"This program just has to work, because whether intuitively or through research, Marjorie McKinnon has assembled a highly eff ective program of recovery."
--Bob Rich, PhD, www.anxietyanddepression-help.com

Please visit **www.TheLampLighters.org** for more information or to find a group in your area.

Special editions available for young people: ask your bookseller for "REPAIR for Kids" and "REPAIR forToddlers".

Another life-changing title from Loving Healing Press www.LHPress.com

SEL001530 Self-Help : Abuse - Sexual
SEL029000 Self-Help : Twelve-Step Programs

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From reader reviews:

Julian Loredo:Do you certainly one of people who can't read pleasurable if the sentence chained in the straightway, hold on guys this particular aren't like that. This REPAIR For Teens: A Program for Recovery from Incest & Childhood Sexual Abuse book is readable by means of you who hate the straight word style. You will find the facts here are arrange for enjoyable examining experience without leaving possibly decrease the knowledge that want to supply to you. The writer regarding REPAIR For Teens: A Program for Recovery from Incest & Childhood Sexual Abuse content conveys prospect easily to understand by many people. The printed and e-book are not different in the written content but it just different by means of it. So , do you nevertheless thinking REPAIR For Teens: A Program for Recovery from Incest & Childhood Sexual Abuse is not loveable to be your top listing reading book?

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