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Rebellious Aging: A Self-help Guide for the Old Hippie at Heart

Margaret Nash

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Rebellious Aging: A Self-help Guide for the Old Hippie at Heart Margaret Nash
Rebellious Aging; A Self-help Guide for the Old Hippie at Heart This is a book for old hippies at heart—adventurous spirits and risk takers—who due to their unorthodox life choices frequently find themselves without conventional support networks during times of transition. If that's you, this guide will help you deal with disorienting life changes—such as retirement, relocation, divorce, empty nest—that may be arriving thick and fast and all at the same time for you right now. You will learn how to battle your inner dragons, go on a hero's journey, and find your true calling… in order to make this the best time of your life. Don't be fooled by the kind of off-beat, sometimes wacky approach, and references to 60's music. This book contains serious life coaching tips and techniques for personal inner transformation; enabling you to age like a rebel. This is a revised and edited version of Age With Passion! A Boomer's Guide to Fearless Aging (2013) by the same author.

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