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Adult Coloring Journal: Nar-Anon (Butterfly Illustrations, Turquoise Stripes)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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The reason why? Because this Adult Coloring Journal: Nar-Anon (Butterfly Illustrations, Turquoise Stripes) is an unordinary book that the inside of the publication waiting for you to snap that but latter it will surprise you with the secret that inside. Reading this book adjacent to it was fantastic author who also write the book in such amazing way makes the content interior easier to understand, entertaining method but still convey the meaning totally. So , it is good for you because of not hesitating having this nowadays or you going to regret it. This book will give you a lot of gains than the other book possess such as help improving your talent and your critical thinking approach. So , still want to delay having that book? If I had been you I will go to the guide store hurriedly.

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