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Kombucha: The Best Recipes For Making Kombucha At Home! (Kombucha Recipes, How to Make Kombucha, Fermented Drinks)

Angela Ray

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Kombucha

The Best Recipes For Making Kombucha At Home!

Kombucha is an amazing drink made from fermented tea. It has been touted by those who consume it regularly and by others as being a universal cure-all for everything from arthritis to urinary infections. The established medical community isn't quite so sure of its efficacy.

Read Kombucha: the best recipes for making kombucha at home to learn:

- A little about its history
- Views from the established medical community
- View from a folklore or historical vantage point
- How to brew Kombucha
- How to define SCOBY
- How to make SCOBY
- And how to take a vacation from your brewing.

You can also learn why come kombucha is a mild drink sort of like any carbonated beverage, and why other kombucha is a little bit more of a drink for grown-ups. Learn about flavoring kombucha, how to trouble shoot a batch of kombucha that doesn't look just quite right. Oh, and incidentally? You can even use the fluid off a batch of SCOBY to help clean up the kitchen. Don't wait – open up the first page, and learn how to brew your very own kombucha. We can promise you that it isn't sweet tea from Georgia, USA.

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