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The Lunch-Box Chronicles: Notes from the Parenting Underground

Marion Winik

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The Lunch-Box Chronicles: Notes from the Parenting Underground Marion Winik
Child Magazine Best Book of the Year

"For me, parenting is like dieting. Every day, I wake up filled with resolve and good intentions, perfection in view, and every day I somehow stray from the path. The difference is with dieting, I usually make it to lunch. . . ."

With the candor and often hilarious outlook that have made her a beloved commentator on NPR, Marion Winik takes the reader on an unforgettable journey through modern parenthood, with all of its attendant anxieties and joys.

A single mother with two small boys, Winik knows exactly what she's talking about, from battles over breakfast and bedtime to the virtues of pre-packaged food and weightier issues like sex education and sibling rivalry. Part memoir and part survival guide, *The Lunch-Box Chronicles* is an engaging philosophy of parenting from a staunch realist, who knows that kids and their parents both will inevitably fall far short of perfection, and that a "good enough mom" really is, in fact, good enough.

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