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January First: A Child's Descent into Madness and Her Father's Struggle to Save Her

Michael Schofield

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Michael Schofield's daughter January is at the mercy of her imaginary friends, except they aren't the imaginary friends that most young children have; they are hallucinations. And January is caught in the conflict between our world and their world, a place she calls Calalini. Some of these hallucinations, like "24 Hours," are friendly and some, like "400 the Cat" and "Wednesday the Rat," bite and scratch her until she does what they want. They often tell her to scream at strangers, jump out of buildings, and attack her baby brother.

At six years old, January Schofield, "Janni," to her family, was diagnosed with schizophrenia, one of the worst mental illnesses known to man. What's more, schizophrenia is 20 to 30 times more severe in children than in adults and in January's case, doctors say, she is hallucinating 95 percent of the time that she is awake. Potent psychiatric drugs that would level most adults barely faze her.

A *New York Times* bestseller, *January First* captures Michael and his family's remarkable story in a narrative that forges new territory within books about mental illness. In the beginning, readers see Janni's incredible early potential: her brilliance, and savant-like ability to learn extremely abstract concepts. Next, they witnesses early warning signs that something is not right, Michael's attempts to rationalize what's happening, and his descent alongside his daughter into the abyss of schizophrenia. Their battle has included a two-year search for answers, countless medications and hospitalizations, allegations of abuse, despair that almost broke their family apart and, finally, victories against the illness and a new faith that they can create a life for Janni filled with moments of happiness.

A compelling, unsparing and passionate account, *January First* vividly details Schofield's commitment to bring his daughter back from the edge of insanity. It is a father's soul-baring memoir of the daily struggles and challenges he and his wife face as they do everything they can to help Janni while trying to keep their family together.

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Marvin Perdue:

The reserve untitled January First: A Child's Descent into Madness and Her Father's Struggle to Save Her is the publication that recommended to you you just read. You can see the quality of the publication content that will be shown to you actually. The language that author use to explained their way of doing something is easily to understand. The author was did a lot of analysis when write the book, so the information that they share to your account is absolutely accurate. You also could get the e-book of January First: A Child's Descent into Madness and Her Father's Struggle to Save Her from the publisher to make you much more enjoy free time.

Kay Roberts:

Playing with family in the park, coming to see the ocean world or hanging out with good friends is thing that usually you could have done when you have spare time, and then why you don't try thing that really opposite from that. One activity that make you not experience tired but still relaxing, trilling like on roller coaster you are ride on and with addition info. Even you love January First: A Child's Descent into Madness and Her Father's Struggle to Save Her, it is possible to enjoy both. It is very good combination right, you still would like to miss it? What kind of hang type is it? Oh can occur its mind hangout folks. What? Still don't obtain it, oh come on its identified as reading friends.

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