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The Meta-Coaching System: Systematic coaching at it's best

L. Michael Hall

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Can coaching be systematic? Is there a structure and order to the process of coaching? In *The Meta-Coaching System: Systematic Coaching at Its Best* the answer is a resounding yes. In this work you will find many new models for the framework of coaching models which are used in Meta-Coaching. All of these are based on NLP, that is, on the Communication Model of NLP. In this volume you can get an overview of the whole system of meta-coaching and discover the most systematic approach to coaching anywhere. This volume provides a summary description of the eight models which make up Meta-Coaching and a full description of the coaching psychology that informs and governs Meta-Coaching, that is, Self-Actualization Psychology. Discover the single uniqueness of coaching, the principles of coaching, the art of process facilitation, and much, much more.

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