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Empower Your Fear: Leverage Your Fears to Rise Above Mediocrity and Turn Self-Doubt Into a Confident Plan of Action (Go Empower Yourself) (Volume 2)

Scott Allan

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Are You Tired of Living in Mediocrity While Watching Everyone Else Succeed? Is Your Fear of Failure Keeping You Trapped With Limited Choices In Life? Are Looking For a Way Out But Every Attempt Turns to Frustration? I know how you feel. Life doesn't work out the way we think it will. When it doesn't we feel helpless, hopeless and bitter. You Can Beat Your Fear. Empower Your Fear focuses in on leveraging what scares you, applying real strategies to get you unstuck, and doing the things that scare you no matter where you are at in life. My motto is: "It's never too late if you start today." As we will see in this book, the problem isn't about "getting rid of the fear" that is controlling you; it's adapting to your fear and leveraging it as a motivator to take action. The fear is here to stay; how you respond to it ultimately decides your level of success. Will you allow yourself to keep living a mediocre lifestyle full of disappointment? Are you ready to take action and change your future? My name is Scott Allan , and for years I lived a fearful lifestyle. Everything about me was mediocre: My choices and actions were defined by what the world expected and not what I could deliver. I knew I could do and be so much more but I was too scared to do anything. I had become paralyzed with self-doubt and defeated by lack of confidence. Eventually I changed my life with one ultimate decision that made all the difference. Now, I have written a book to help you get to where you want to be and dig yourself out of the rut that is holding you back. You can stay where you are at or you can start your journey today. Let me show you how. Here is a sneak peek at what we are going to learn: - How to beat resistance when it shows up to trap you into doing nothing - How to debunk the lies keeping you stuck - How to never have regret anything ever again - How to stop passing fearful messages onto others - Overcome the 7 Bad habits making you live in fear - Optimize your daily routine for focused success and reduce anxiety - Use the Big Elastic Strategy to break out of your comfort zone - How to build intention, planning, focus and implementation into your daily work and life - How to stop lying to yourself that it's okay to be afraid - How to discover and build your personal tribe of heroes - How to rise above your conditioned beliefs about mediocrity - How to make empowering choices without fearful outcomes - How to turn your deepest doubts into actionable tasks that break anxiety and worry - How to seek out those relationships that encourage growth and development - How to take the biggest risk you have ever wanted - What it means to have an abundant mindset, and why you must abandon your fear of loss - How to remove paralyzing thoughts that keep you stuck - How to apply Viktor Frankyl's Life Lessons to handling anything that happens to you - How to Create BIG MAGIC in your life and live the life you've always visioned The time for making excuses is at an end. The time for doing something about it is NOW. Do you want to take your life to the next plateau? Are you ready to do the things you have always feared doing? Empower Your Fear and Take Total Charge of Your Life Today!

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Empower Your Fear: Leverage Your Fears to Rise Above Mediocrity and Turn Self-Doubt Into a Confident Plan of Action (Go Empower Yourself) (Volume 2) can be one of your beginner books that are good idea. All of us recommend that straight away because this guide has good vocabulary that may increase your knowledge in vocab, easy to understand, bit entertaining but nonetheless delivering the information. The author giving his/her effort to put every word into satisfaction arrangement in writing Empower Your Fear: Leverage Your Fears to Rise Above Mediocrity and Turn Self-Doubt Into a Confident Plan of Action (Go Empower Yourself) (Volume 2) nevertheless doesn't forget the main position, giving the reader the hottest as well as based confirm resource facts that maybe you can be among it. This great information can easily drawn you into brand new stage of crucial pondering.

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On this era which is the greater person or who has ability to do something more are more special than other. Do you want to become considered one of it? It is just simple approach to have that. What you must do is just spending your time almost no but quite enough to experience a look at some books. Among the books in the top record in your reading list is usually Empower Your Fear: Leverage Your Fears to Rise Above Mediocrity and Turn Self-Doubt Into a Confident Plan of Action (Go Empower Yourself) (Volume 2). This book which can be qualified as The Hungry Hillsides can get you closer in growing to be precious person. By looking right up and review this guide you can get many advantages.

Cinthia Jacobsen:

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