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Extraordinary Putting: Transforming the Whole Game

Fred Shoemaker, Jo Hardy

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The co-author of the classic *Extraordinary Golf* offers an innovative approach to improving the overall game by focusing on putting, which accounts for more than one third of the strokes in a typical round. Not just a tips-and-techniques book, *Extraordinary Putting* features a series of illustrated exercises that will help golfers:

- Develop the inner freedom to trust themselves and recognize self-imposed barriers
- Find the peace of mind that comes from letting go of mental chatter and self-judgments
- Increase awareness, allowing golfers to pay attention to their experiences
- Understand the differences in those experiences from stroke to stroke - Master the art of self-coaching

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